



AVERAGE MONTHLY PRICES OF 46 ESSENTIAL ITEMS FOR THE MONTH OF July 2019 IN PESHAWAR, D.I.KHAN & ABBOTTABAD

S. No	Commodities	Unit	Peshawer			D.I Khan			Abbottabad			Average
			University	Cantt	City	Commissionary Bazar	Bakhary Bazar	Top. Wala Bazar	Khel	Kunj	Abbottabad	
1	Wheat Flour (A.Q)	20 Kg	850.00	850.00	850.00	840.00	840.00	840.00	860.00	870.00	860.00	851.11
2	Rice (S.Q)	Kg	155.00	155.00	155.00	155.00	155.00	155.00	150.00	160.00	150.00	154.44
3	Rice Basmati Broken	Kg	90.00	90.00	90.00	115.00	115.00	115.00	80.00	80.00	80.00	95.00
4	Rice (IRRI-6)	Kg	70.00	70.00	70.00	80.00	80.00	80.00	60.00	60.00	60.00	70.00
5	Gram Pulse / Dal Channa	Kg	140.00	140.00	140.00	150.00	150.00	150.00	120.00	130.00	120.00	137.78
6	Gram (White)	Kg	140.00	140.00	140.00	190.00	190.00	190.00	160.00	170.00	160.00	164.44
7	Kurkha (Beans)	Kg	140.00	140.00	130.00	160.00	160.00	160.00	150.00	150.00	150.00	148.89
8	Shakkar	Kg	0.00	0.00	110.00	100.00	100.00	100.00	120.00	120.00	120.00	110.00
9	Mash Pulse	Kg	180.00	180.00	180.00	180.00	180.00	180.00	170.00	170.00	170.00	176.67
10	Masoor Pulse	Kg	120.00	120.00	120.00	150.00	150.00	150.00	110.00	110.00	100.00	125.56
11	Moong Pulse	Kg	140.00	140.00	140.00	160.00	160.00	160.00	150.00	150.00	150.00	150.00
12	Bason (A.Q)	Kg	100.00	100.00	100.00	160.00	160.00	160.00	130.00	130.00	130.00	130.00
13	Red Chillies (Powder)	Kg	320.00	320.00	320.00	320.00	320.00	320.00	400.00	400.00	400.00	346.67
14	Rooh Afza	Bottle (800 ML)	200.00	200.00	200.00	190.00	190.00	190.00	200.00	200.00	200.00	196.67
15	Veg. Ghee Tin (Shama)	16 Kg	2800.00	2800.00	2800.00	2670.00	2670.00	2670.00	0.00	0.00	2800.00	2744.29
16	Veg. Ghee Tin	2.5 Kg	370.00	370.00	370.00	430.00	430.00	430.00	0.00	0.00	450.00	407.14
17	Pakwan Cooking Oil	Ltr	163.00	163.00	163.00	180.00	180.00	180.00	170.00	170.00	170.00	171.00
18	Pakwan Ghee	Kg	155.00	155.00	155.00	150.00	150.00	150.00	160.00	160.00	160.00	155.00
19	Dalda Ghee	Kg	210.00	210.00	210.00	210.00	210.00	210.00	210.00	210.00	210.00	210.00
20	Maize	Kg	50.00	50.00	50.00	50.00	50.00	50.00	50.00	50.00	50.00	50.00
21	Sugar	Kg	75.00	75.00	75.00	75.00	75.00	75.00	75.00	75.00	75.00	75.00
22	Gur	Kg	120.00	120.00	120.00	90.00	90.00	90.00	0.00	0.00	110.00	105.71
23	Mustard Oil	Kg	240.00	240.00	240.00	200.00	200.00	200.00	280.00	280.00	280.00	240.00
24	Eggs (Farm)	Dozen	100.00	100.00	100.00	90.00	90.00	90.00	99.00	99.00	99.00	96.33
25	Salt (Packets)	Kg	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00	10.00
26	Tomatoes	Kg	60.00	60.00	60.00	40.00	40.00	40.00	50.00	50.00	50.00	50.00
27	Potatoes	Kg	40.00	40.00	40.00	30.00	30.00	30.00	30.00	30.00	30.00	33.33
28	Onions	Kg	60.00	60.00	60.00	50.00	50.00	50.00	60.00	60.00	60.00	56.67
29	Garlic	Kg	200.00	200.00	200.00	180.00	180.00	180.00	180.00	180.00	180.00	186.67



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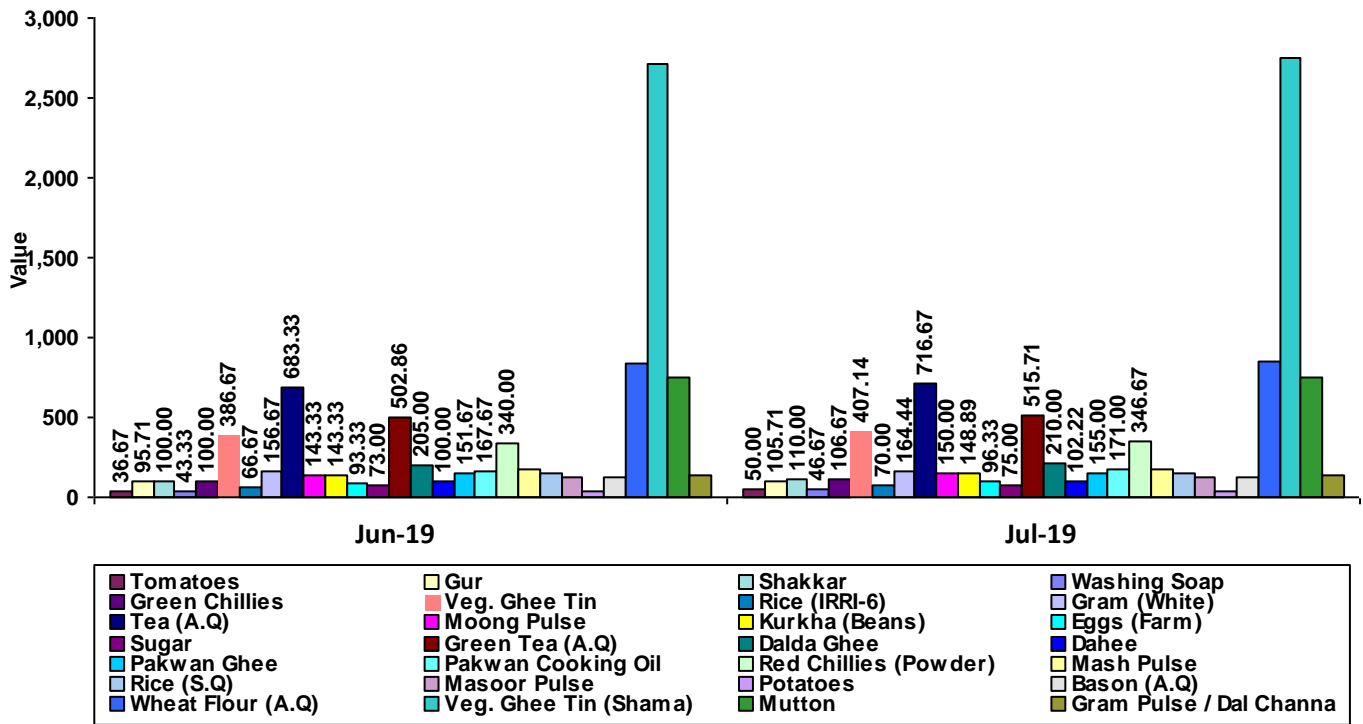
S. No	Commodities	Unit	Peshawer			D.I Khan			Abbottabad			Average
			University	Cantt	City	Commissionary Bazar	Bakhary Bazar	Top. Wala Bazar	Khel	Kunj	Abbottabad	
30	Green Chillies	Kg	100.00	100.00	100.00	100.00	100.00	100.00	120.00	120.00	120.00	106.67
31	Bananas	Dozen	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00	80.00
32	Apple	Kg	160.00	160.00	160.00	150.00	150.00	150.00	80.00	80.00	80.00	130.00
33	Guava	Kg	100.00	100.00	100.00	0.00	0.00	0.00	60.00	60.00	60.00	80.00
34	Mangoes	Kg	150.00	140.00	130.00	160.00	160.00	160.00	70.00	70.00	70.00	123.33
35	Green Tea (A.Q)	Kg	550.00	550.00	550.00	460.00	480.00	470.00	0.00	0.00	550.00	515.71
36	Tea (A.Q)	Kg	700.00	700.00	700.00	700.00	700.00	700.00	750.00	750.00	750.00	716.67
37	Chicken	Kg	151.00	156.00	151.00	155.00	155.00	155.00	145.00	145.00	145.00	150.89
38	Beef	Kg	400.00	400.00	400.00	370.00	370.00	370.00	350.00	350.00	350.00	373.33
39	Mutton	Kg	800.00	800.00	800.00	700.00	700.00	700.00	0.00	775.00	775.00	756.25
40	Milk (Fresh)	Ltr	100.00	100.00	100.00	80.00	80.00	80.00	100.00	100.00	100.00	93.33
41	Dahee	Kg	110.00	110.00	100.00	90.00	90.00	90.00	110.00	110.00	110.00	102.22
42	Kerosene Oil	Ltr	150.00	150.00	150.00	130.00	130.00	130.00	0.00	0.00	0.00	140.00
43	Washing Soap	P-Cake	40.00	40.00	40.00	50.00	50.00	50.00	50.00	50.00	50.00	46.67
44	Match Box	Each	2.00	2.00	2.00	3.00	3.00	3.00	3.00	3.00	3.00	2.67
45	Petrol	Ltr	113.17	113.17	113.17	113.90	113.90	113.90	0.00	114.10	0.00	113.62
46	Diesel	Ltr	127.30	127.30	127.30	127.90	127.90	127.90	0.00	128.30	0.00	127.70



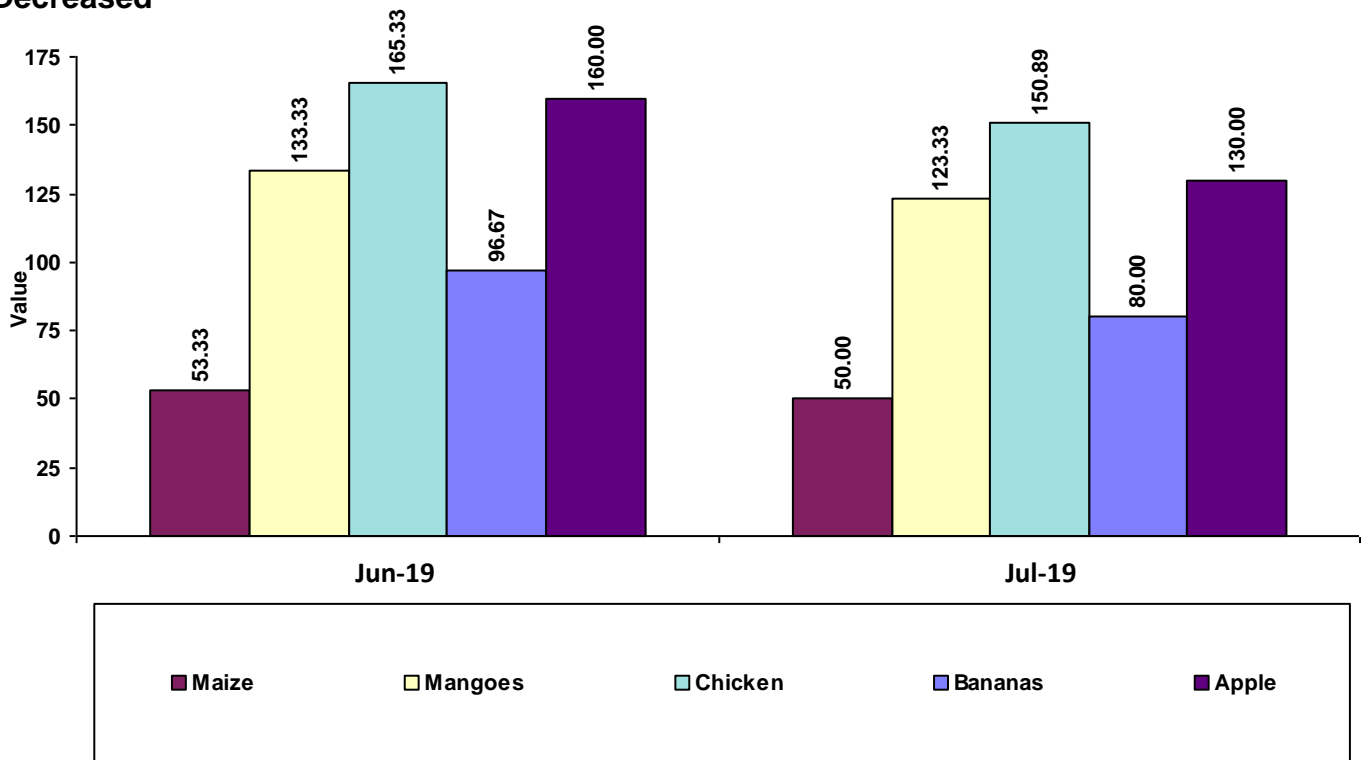
THE COMPARATIVE CHANGES IN PRICES I.E INCREASE, DECREASE AND UNCHANGED FOR THE MONTH OF JULY 2019 OVER JUNE 2019 ARE AS FOLLOWS:

S.No	Commodities	Unit	Prices in Rs.		% Change Jul-19 Over Jun-19	With Maximum Increase at
			Jul-19	Jun-19		
Average Prices of the following 28 items registered INCREASED						
1	Tomatoes	Kg	50.00	36.67	36.36	Abbottabad Abbottabad by Rs. 20.00
2	Gur	Kg	105.71	95.71	10.45	Peshawar City by Rs. 20.00
3	Shakkar	Kg	110.00	100.00	10.00	Peshawar City by Rs. 20.00
4	Washing Soap	P-Cake	46.67	43.33	7.69	Abbottabad Abbottabad by Rs. 10.00
5	Green Chillies	Kg	106.67	100.00	6.67	Abbottabad Abbottabad by Rs. 20.00
6	Veg. Ghee Tin	2.5 Kg	407.14	386.67	5.30	Abbottabad Abbottabad by Rs. 80.00
7	Rice (IRRI-6)	Kg	70.00	66.67	5.00	Peshawar City by Rs. 10.00
8	Gram (White)	Kg	164.44	156.67	4.96	Abbottabad Kunj by Rs. 30.00
9	Tea (A.Q)	Kg	716.67	683.33	4.88	Abbottabad Abbottabad by Rs. 50.00
10	Moong Pulse	Kg	150.00	143.33	4.65	Abbottabad Abbottabad by Rs. 20.00
11	Kurkha (Beans)	Kg	148.89	143.33	3.88	Abbottabad Abbottabad by Rs. 10.00
12	Eggs (Farm)	Dozen	96.33	93.33	3.21	Abbottabad Abbottabad by Rs. 19.00
13	Sugar	Kg	75.00	73.00	2.74	D.I Khan Top. Wala Bazar by Rs. 3.00
14	Green Tea (A.Q)	Kg	515.71	502.86	2.56	Peshawar City by Rs. 30.00
15	Dalda Ghee	Kg	210.00	205.00	2.44	Abbottabad Abbottabad by Rs. 10.00
16	Dahee	Kg	102.22	100.00	2.22	Abbottabad Abbottabad by Rs. 10.00
17	Pakwan Ghee	Kg	155.00	151.67	2.20	Abbottabad Abbottabad by Rs. 10.00
18	Pakwan Cooking Oil	Ltr	171.00	167.67	1.99	Abbottabad Abbottabad by Rs. 10.00
19	Red Chillies (Powder)	Kg	346.67	340.00	1.96	Peshawar City by Rs. 20.00
20	Mash Pulse	Kg	176.67	173.33	1.92	Abbottabad Abbottabad by Rs. 10.00
21	Rice (S.Q)	Kg	154.44	151.67	1.83	Abbottabad Kunj by Rs. 10.00
22	Masoor Pulse	Kg	125.56	123.33	1.80	Peshawar City by Rs. 10.00
23	Potatoes	Kg	33.33	32.78	1.69	Peshawar City by Rs. 5.00
24	Bason (A.Q)	Kg	130.00	128.33	1.30	Abbottabad Abbottabad by Rs. 5.00
25	Wheat Flour (A.Q)	20 Kg	851.11	841.11	1.19	Peshawar City by Rs. 30.00
26	Veg. Ghee Tin (Shama)	16 Kg	2744.29	2715.71	1.05	Abbottabad Abbottabad by Rs. 50.00
27	Mutton	Kg	756.25	750.00	0.83	Abbottabad Abbottabad by Rs. 25.00
28	Gram Pulse / Dal Channa	Kg	137.78	136.67	0.81	Peshawar City by Rs. 10.00
Average Prices of the following 5 items registered DECREASED						
1	Maize	Kg	50.00	53.33	-6.25	Abbottabad Abbottabad by Rs. -10.00
2	Mangoes	Kg	123.33	133.33	-7.50	D.I Khan Top. Wala Bazar by Rs. -20.00
3	Chicken	Kg	150.89	165.33	-8.74	Peshawar City by Rs. -40.00
4	Bananas	Dozen	80.00	96.67	-17.24	Abbottabad Abbottabad by Rs. -20.00
5	Apple	Kg	130.00	160.00	-18.75	D.I Khan Top. Wala Bazar by Rs. -10.00
Average Prices of the following 12 items registered UNCHANGED						
1	Milk (Fresh)	Ltr	93.33	93.33	0.00	Unchanged
2	Rice Basmati Broken	Kg	95.00	95.00	0.00	Unchanged
3	Petrol	Ltr	113.62	113.62	0.00	Unchanged
4	Match Box	Each	2.67	2.67	0.00	Unchanged
5	Kerosene Oil	Ltr	140.00	140.00	0.00	Unchanged
6	Rooh Afza	Bottle (800 ML)	196.67	196.67	0.00	Unchanged
7	Diesel	Ltr	127.70	127.70	0.00	Unchanged
8	Garlic	Kg	186.67	186.67	0.00	Unchanged
9	Beef	Kg	373.33	373.33	0.00	Unchanged
10	Onions	Kg	56.67	56.67	0.00	Unchanged
11	Mustard Oil	Kg	240.00	240.00	0.00	Unchanged
12	Salt (Packets)	Kg	10.00	10.00	0.00	Unchanged

Increased



Decreased





RELATIVE INDEX OF SOME ESSENTIAL & GENERAL COMMODITIES IN PESHAWAR, D.I KHAN & ABBOTTABAD FOR THE MONTH OF JULY 2019 OVER JUNE 2019

S.No	Commodities	Unit	Prices in Rs.		Relative Index
			Jul-19	Jun-19	
1	Tomatoes	Kg	50.00	36.67	136.36
2	Gur	Kg	105.71	95.71	110.45
3	Shakkar	Kg	110.00	100.00	110.00
4	Washing Soap	P-Cake	46.67	43.33	107.69
5	Green Chillies	Kg	106.67	100.00	106.67
6	Veg. Ghee Tin	2.5 Kg	407.14	386.67	105.30
7	Rice (IRRI-6)	Kg	70.00	66.67	105.00
8	Gram (White)	Kg	164.44	156.67	104.96
9	Tea (A.Q)	Kg	716.67	683.33	104.88
10	Moong Pulse	Kg	150.00	143.33	104.65
11	Kurkha (Beans)	Kg	148.89	143.33	103.88
12	Eggs (Farm)	Dozen	96.33	93.33	103.21
13	Sugar	Kg	75.00	73.00	102.74
14	Green Tea (A.Q)	Kg	515.71	502.86	102.56
15	Dalda Ghee	Kg	210.00	205.00	102.44
16	Dahee	Kg	102.22	100.00	102.22
17	Pakwan Ghee	Kg	155.00	151.67	102.20
18	Pakwan Cooking Oil	Ltr	171.00	167.67	101.99
19	Red Chillies (Powder)	Kg	346.67	340.00	101.96
20	Mash Pulse	Kg	176.67	173.33	101.92
21	Rice (S.Q)	Kg	154.44	151.67	101.83
22	Masoor Pulse	Kg	125.56	123.33	101.80
23	Potatoes	Kg	33.33	32.78	101.69
24	Bason (A.Q)	Kg	130.00	128.33	101.30
25	Wheat Flour (A.Q)	20 Kg	851.11	841.11	101.19
26	Veg. Ghee Tin (Shama)	16 Kg	2744.29	2715.71	101.05
27	Mutton	Kg	756.25	750.00	100.83
28	Gram Pulse / Dal Channa	Kg	137.78	136.67	100.81
29	Milk (Fresh)	Ltr	93.33	93.33	100.00
30	Rice Basmati Broken	Kg	95.00	95.00	100.00
31	Petrol	Ltr	113.62	113.62	100.00
32	Match Box	Each	2.67	2.67	100.00
33	Kerosene Oil	Ltr	140.00	140.00	100.00
34	Rooh Afza	Bottle (800 ML)	196.67	196.67	100.00
35	Diesel	Ltr	127.70	127.70	100.00
36	Garlic	Kg	186.67	186.67	100.00
37	Beef	Kg	373.33	373.33	100.00
38	Onions	Kg	56.67	56.67	100.00
39	Mustard Oil	Kg	240.00	240.00	100.00
40	Salt (Packets)	Kg	10.00	10.00	100.00
41	Maize	Kg	50.00	53.33	93.75
42	Mangoes	Kg	123.33	133.33	92.50
43	Chicken	Kg	150.89	165.33	91.26
44	Bananas	Dozen	80.00	96.67	82.76
45	Apple	Kg	130.00	160.00	81.25